



TARGETING METABOLIC DYSREGULATION IN NASH:

Exploring Novel Strategies to Mitigate Hepatic and Cardiovascular Disease

GUIDELINES

American Association for the Study of Liver Diseases: The Diagnosis and Management of Nonalcoholic Fatty Liver Disease

Chalasani N, et al. *Hepatology*. 2018;67:328-357. doi:10.1002/hep.29367

European Association for the Study of the Liver (EASL), European Association for the Study of Diabetes (EASD), and European Association for the Study of Obesity (EASO) Clinical Practice Guidelines for the Management of Non-alcoholic Fatty Liver Disease

J Hepatol. 2016;64:1388-1402. doi:10.1016/j.jhep.2015.11.004

Non-alcoholic Fatty Liver Disease: A Patient Guideline

Francque SM, et al. *JHEP Rep*. 2021;3:100322. doi:10.1016/j.jhepr.2021.100322

PATIENT RESOURCES

American Liver Foundation: Nonalcoholic Fatty Liver Disease (NAFLD)

<https://liverfoundation.org/for-patients/about-the-liver/diseases-of-the-liver/non-alcoholic-fatty-liver-disease/>

Fatty Liver Foundation (FLF): NAFLD Screening Fund

<https://www.fattyliverfoundation.org/>

American College of Gastroenterology (ACG): Non-alcoholic Fatty Liver Disease & the Mediterranean Diet

<https://webfiles.gi.org/docs/patients/Patient-Flyer-Mediterranean-Diet-NAFLD-2019-ACGMagazine-Fall.pdf>